



FOR IMMEDIATE RELEASE

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Dr. Beauchamp Opens Creating Wellness Center

Ottawa, Ontario - Beauchamp Chiropractic has announced the opening of a Creating Wellness™ Center. Creating Wellness™ systems are considered to be one of the most highly advanced wellness systems ever developed and the only program that measures the 3 dimensions of health - physical, biochemical and emotional. The office is located on #1-1224 Place D'Orleans Drive in Ottawa and is one of 140 Creating Wellness Centers in the world. The Creating Wellness™ Center is the world's first fully integrated, doctor-led, customized wellness program that focuses these three dimensions of your life. Dr. Beauchamp has recently installed breakthrough technology that scientifically measures, records and scores your level of wellness physically, biochemically and emotionally. One of the unique features of the Creating Wellness™ system is the "Wellness Quotient." The Wellness Quotient is a score of your overall state of wellness - think of it as a Wellness IQ. It helps the doctor determine your biological age and if you are aging prematurely. Then, based on your scores, a specific customized wellness program shows you how to scientifically slow, stop, and reverse the aging process.

The wellness computers at Beauchamp Chiropractic are connected to Well Net, a highly advanced computer server in New Jersey. Based on the results of the Wellness Assessment and with the help of the Well Net computers and on the results of the Wellness Assessment, Dr. Beauchamp is able to create a 3 dimensional wellness program customized to the patient's unique wellness needs. This customized plan includes sophisticated exercise programs tailor-made to your performance goals and your personal level of physical fitness, an incredible nutritional program customized to your specific caloric range, weight goals and food preferences including Creating Wellness™ supplements customized to your unique biochemical needs, and perhaps the most exciting component of the plan, the Wellness Coaching and Sound Advice programs. Patients meet on a weekly basis with a highly trained, certified wellness coach that provides them with the advice, tools and support to create the health they desire. Sound Advice is a breakthrough program that features a weekly custom created CD program that delivers advice, solutions and powerful motivation in all 3 dimensions of wellness. The Sound Advice articles feature a world-class team of Chiropractors, Physiologists, Nutritionists, Psychologists and Business experts helping you create wellness from within.

Located at #1-1224 Place D'Orleans Drive, Beauchamp Chiropractic: A Creating Wellness™ Center is a truly unique destination offering unsurpassed treatments, wellness assessments and customized wellness programs - all in all an inspiring atmosphere.

For more information, call (613) 837-2883 or visit their website at www.beauchampchiropractic.ca